



## PAYMENTS & INSURANCE RIEMBURSEMENT

Many medical and psychological plans do not reimburse for biofeedback or neurofeedback services in San Diego County. There are exceptions to this rule though. At San Diego Center for Neurofeedback, APPC payment is due at the time of service, however superbills and receipts may be provided by request in order to advocate and obtain reimbursement from your insurance.

To determine if your insurance covers EEG biofeedback (Neurofeedback) it will be necessary for you to call your insurance carrier directly. To aid you in this process, we have prepared these questions as a guide for you to inquire about with your insurance provider.

Do you cover Biofeedback? For Procedure 90901?    Yes    No

If Yes: Is it covered under Medical or Psychological Services?    Medical    Psychological

What diagnoses or symptoms do you cover for biofeedback?

ie. ADHD, Anxiety, PTSD, Headaches, Aspergers, Insomnia

What rate do you pay?

ie. 80% of usual & customary vs. 80% of billed amount?

If it is covered under Medical services, do I need a prescription or letter from my MD to say it is medically necessary?    Yes    No

If Yes, do I need to send the letter before the first appointment?    Yes    No

Can it be sent with the first bill?    Yes    No

How many sessions of biofeedback will you cover?

Per week, month, year?

Before I see my doctor again?

Is there a limit of total amount paid out?    Yes    No

ie. Caps at \$1500 in 1 year or 6 months?

Do you pay an Out of Network provider?    Yes    No

If Yes, do I need to see my physician to make a referral to a biofeedback provider?    Yes    No

What is the licensing requirement?

We encourage you to advocate for reimbursement from your insurance carrier. Insurance coverage is an agreement between you and your carrier and your insurance policy is not a guarantee of payment.

San Diego Center for Neurofeedback requires that payments are paid at the time of service. Superbills and receipts may be provided at your request. Know that the cost of your sessions are ultimately your responsibility.